



The Torch

The official newsletter for Indiana state employees

Employee campaign set to launch

Come join us as the State Employees' Community Campaign (SECC) kicks off on Friday, Sept. 7 in rooms A & B of the Indiana Government Center South from noon to 1 p.m. Earl Goode, Chief of Staff for the Governor, has agreed chair this year's campaign.

The theme for the 2007-2008 campaign is "Serving Today, Improving Tomorrow." During the event, employees will have the opportunity to meet representatives from a variety of charities. These



representatives can answer questions about their needs as an organization as well as the population they serve. It is a great chance for employees to meet the faces of just a few of the charities that benefit from this campaign.

Check out the Web site www.insecc.org for more information about SECC, including the name of your agency coordinator and a list of Frequently Asked Questions (FAQs).

Otherwise, contact Cathy Holdman at choldman@spd.in.gov or 317.234.1407.

Job Bank is a direct link to jobs available

Interested in seeing what jobs are available with the State of Indiana? It's relatively simple to do. As a state employee, log onto PeopleSoft and take a look at the latest job postings. Or, you can take a peek at all the jobs the state has posted.

Start by logging into PeopleSoft and then follow this trail: Select "Self Service," then "Recruiting Activities," then "Careers." Be patient, as this page may take awhile to download. You will then see job postings for the past five days. At the Careers page, select the jobs you want to review. To scroll through the most recent listings, click

on the "next" button at the right.

To review all jobs listed in the state's job bank, change your selection at
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Open Enrollment dates announced

The State Personnel Department has announced the dates for employees to enroll in state-sponsored health insurance.

This year's Open Enrollment dates will be **Monday, Oct. 29** through **Monday, Nov. 19, 2007**.

Governor approves improvements to dental plan



Governor Daniels has approved significant increases to dental benefits for all state employees. State Personnel representatives will combine the three

dental plans currently offered in 2007, into one plan. This one plan features increased benefits at no cost to employees. Some of those benefits for the 2008 plan design include:

- 100 percent in-network coverage for preventive services, such as routine cleaning exams, bite wing x-rays and fluoride treatment for children up to age 14
- 60 percent coverage for dental implants
- Annual maximum increased from \$750 to \$1,000 per person
- Annual orthodontia lifetime maximum increased from \$750 to \$1,125 per person

Look for additional information on the new plan and upcoming Open Enrollment information in the next issue of The Torch.

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State Employee Profile

This running benefits more than the runner

Richard Brown is used to running – as an Assistant Superintendent at Rockville Correctional Facility, he helps keep the facility running, and has for about one year. He's been



Richard Brown
DOC

running around as a state employee for some 16 years.

But recently, his running has taken him in a different direction. He is training for a full marathon. He ran a mini marathon three years ago in

Louisville, but the Chicago Marathon in October will be his first real marathon, Brown said.

He credits INShape Indiana with whetting his appetite for running.

"This spring I became involved with INShape with the 10 lbs. in 10 Weeks Challenge," he explained. "I started in February, gradually increasing my running distance." That effort netted

him a weight loss of 13 lbs. He has continued running and now is about 22 to 23 lbs. lighter.

His running routine is to run about three times during the week, with Saturdays his big day. That's when he gets up around 6 a.m. and logs in 14 miles.

Because he has been bitten by the running bug, he decided to combine his enjoyment of running with helping someone out. As a result, he has signed up through the Chicago Marathon, to run for St. Jude's Children's Hospital.

"I am running to benefit St. Jude's because they do not turn away any child in need," Brown explained. "Whether the family has the money for treatment or not, the hospital sees that the child is taken care of."

Brown has already paid his entry fees, so any money he raises will go directly to St. Jude's. If you are interested in contributing to Brown's efforts for St. Jude's, log onto www.stjudeheroes.org, click "Sponsor a Hero," and search for Richard Brown.

In-network benefits net savings

The State's vision benefits plan from EyeMed Vision Care includes both

in-network and out-of-network benefits. That means you can use the plan at EyeMed participating providers or at an eye care professional of your choice.



EyeMed
Vision Care

What many employees

don't realize is that using an in-network provider gives better benefits than when going out-of-network. Instead of receiving a flat allowance, you can take advantage of savings through co-payments and additional discounts over and above the allowances on materials.

You can even save money on non-covered items like cleaning cloths and solutions, and additional pairs of eyewear throughout the year. And when you use a network provider, the doctor takes care of the paperwork for you.

EyeMed offers state employees a diverse network of eye care professionals, including private practice optometrists and ophthalmologists and the country's top optical retail brands.

Those companies are: LensCrafters, Sears Optical, Target Optical, JCPenney Optical and most Pearle Vision locations. To find a network provider near you, or to see your specific plan benefits, visit www.eyemedvisioncare.com.

On the road with Governor Daniels



Governor Daniels talks with Indiana State Police Trooper Richard Todd and Senior Trooper Jim Tret during a stop in Paoli. The Governor's visit was in conjunction with his third annual American Bikers Aimed Toward Education (ABATE) ride to promote motorcycle safety and awareness. Both troopers are assigned to the department's motorcycle patrol.

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Job Bank is a direct link

the top where it says "Basic Job Search." There you have the option of looking at jobs posted from "anytime" to "last year." Select from the drop down box the requested search criteria then click on the yellow "Search" button. To navigate between pages click on the "next" hyperlink at the right.

To do a more advanced search, click on the "advanced search" hyperlink and you have the options to search by city, county or by job family of interest. Again, it will take some time to process your request, so be patient. Once that page is loaded, you can click through the listings until you see something that interests you and then follow the screen prompts to apply.

To ensure a seamless application process and to view postings that may only be visible to current state employees, be sure to apply through the self service link as outlined above.

If you have a friend or know of someone who is not a state employee, but may be interested in the our high-performance organization, refer them to our Web site at www.in.gov/jobs.

Study Indiana's yesterdays in September

Governor Daniels has declared September as Archaeology Month. For the past 12 years, the Indiana Department of Natural Resources (DNR) has offered a number of activities across the state to help increase awareness and appreciation of Indiana archaeology.

Again this year, many exciting activities will be available for the public's participation in learning more about our state's cultural history. For a listing of the activities, log onto DNR's Web site at www.in.gov/dnr/historic/archeomonth.html or call

the office of the Division of Historic Preservation and Archaeology at (317) 232-1646.



Indiana State Archaeologist Dr. Rick Jones identifies a prehistoric artifact for a member of the public. The prehistoric road show is an annual event at the Indiana State Fair. The public is encouraged to bring in an artifact for identification and learn about the state's archaeology.

Performance management program tweaked

Feedback provided by employees to the State has prompted a few changes to the performance management program. The most noticeable change for employees is that for this year and all years forward, all state employees will share the same review period.

Previously, employees were in one of two review phases. Front-line employees received their reviews

according to the calendar year; professional and executive staff were reviewed in February.

Now all employee reviews will follow the calendar year, which means that all performance reviews will be completed in early 2008.

All payroll increases will be paid in the first pay of April.



That's classified information!

State employees submitting items for sale must agree to the following rules:

- Contact information must include either a phone number (home or cell, no state numbers) or a home e-mail address. Include your area code!
- Ads must be submitted via e-mail to spdcommunications@spd.in.gov, the items must be included in the body of the e-mail, no photos or attachments. No bold or italic type, no ALL CAPS.
- There is a limit of one ad per employee per issue. Each ad has a limit of three items.
- Deadline is the 10th of the month prior to the next issue.
- If garage sale, need to list times, date, street address and town.
- No selling of animals; but we will list if the animal is "free."
- No real estate, for sale or rent.
- No Avon, Mary Kay, vitamins, etc.
- No businesses or professional services (i.e., tax preparation, car repair, animal breeding, etc.).
- Ads will run for one issue only.
- State Personnel Department staff reserves the right to edit and/or refuse any ads.

Need affordable car for sale or lease. Contact OD at 832-283-2596.

2004 Jeep Rubicon; removable dark gray hardtop, shoulder harnesses front & rear, custom waterproof Jeep seat covers, removable back seat, new brakes, two new tires, Warn winch, 5-speed transmission, 4-wheel drive, tinted windows, deluxe AM/FM/CD player with subwoofer in middle console, auxiliary power outlet; 41K mi. \$21,000. Call Darcy, 317-849-1102 or dbluebird51@peoplepc.com.

Looking for bicycle built for two. E-mail josephjewel@hotmail.com

1996 Chrysler Concorde; good condition, AM/FM w/ cass, new battery, 48K mi. \$2,000 obo. Call Kim, 317-882-2657.

Old Town-Otter flat-water kayak, 1 person; paddle. \$125. 1975 Harley Iron Head Sportster; custom made, low mileage on new

engine. \$7,600. Contact S. Douglas at 812-988-4706, or sjcutlas@msn.com

Dell computer w/ Windows 98 & speakers. \$150 obo. Call 317-730-5764 or -mail bonochiel@sbcglobal.net

Memory foam mattress & box springs. \$300. Floral green/blue sofa; 3 cushions, good condition. \$75. Phone (812) 405-2149 after 6 p.m. or e-mail carosu29@comcast.net

19" ViewSonic Graphic computer monitor; great for gaming, used only 3 months. Fort Wayne area. \$75. Contact Susan at 260-358-7685 or scw00@hotmail.com



Machinist tools; excellent condition, 42-year collection; includes inside & outside depth mics, indicators, lathe tools, dial calipers, 5" & 10" sine bars, 2", 3", 6" inserted cutters face mills, 2 Kennedy tool boxes, set-up blocks ground & hardened; will piece out. Contact 765-478-4207 or wildjacks45@msn.com

New Beetle 2-piece bra. \$60. Dashboard cover. \$40. Wind stop for convertible. \$140. Or \$200 for all and will add replacement bag for soft top. Leave message at 317-335-2525 or e-mail ucrawf@yahoo.com

1993 Ford Aerostar van: V6 3.0 liter, auto trans, 7 passenger, AM/FM/cass, roof rack, towing pkg, some rust, tires not a year old, 101K mi. \$1,800. Contact Jon or Sandy, 317-441-7041.

Delta Luv Fold-a-way portable crib w/ mattress, bumper pad & sheet; excellent condition. \$65. Evenflo Mega Exer Saucer; excellent condition. \$30. Carter Travel Play Yard w/ removable bassinet & changing table; excellent condition. \$50. Phone 317-293-9105; e-mail mgdatzman@hotmail.com

1993 Chevy Silverado 1500; ext. cab, step-side, short-bed, good condition, runs great.

\$2,500 obo. Call 765-524-4068 anytime, 765-521-3243 after 4:30 pm or e-mail readpriority1@yahoo.com

2004 Ford Ranger XLT 4X4 ext. cab, bed liner, tonneau cover, 38K mi. \$12,500. Call 317-946-2208 or e-mail carrotforvierka@aol.com

Redline BMX bicycle; mid 90's, Black Widow cranks/pedals. \$175 obo. Electric guitar w/hard case; velvet, needs re-strung. \$75 obo. Electric grass trimmer. \$15 obo. Leave message at 219-973-1617.

2005 Honda Scooter; like new, license not required to drive, 1,100 mi. \$1,500. Bissell bagless vacuum cleaner; upright, all attachments, 5 years old, runs good. \$30. Call 317-535-8804.

1995 Wilderness camper; 33 ft., new awning; sleeps 6; full bath; front kitchen; LR/kitchen slide out; oak cabinets & trim; lot rent paid at Lost Lake, Anderson, through Apr 2008. \$5,000. Call 317-784-8724 after 5 p.m.

1999 Volkswagen Passat GLS; excellent working condition, new tires & brakes, keyless entry, security, moonroof, AM/FM/cass player & CD changer, alloy wheels; 110K mi. \$5,995. 2001 Honda Odyssey EX; excellent working condition, front & rear A/C & audio/fan controls, security, power sliding doors, CD player, power seat, quad seating, alloy wheels; 120K mi. \$8,995 obo. E-mail annaktoots@yahoo.com or call 317-809-9099.

1999 Mazda Miata MX-5, conv, auto, loaded; 66, 500mi. \$8,500. 1972 MGB new paint, all original, needs rear wheel cylinder & carb adjustments; \$3,500. 1960 MGA, restoration in progress, engine & drive train operational; \$4,000. Call Bill in Terre Haute, 812-240-0858.

16x7 single axle utility trailer; removable sides & back rails; \$1,200. Coleman gas-powered air compressor; 155 PSI, Briggs & Stratton engine, 5.5 HP OHV, 8 gal tank, gallon tank, 11.6CFM@40PSI, 9.9@90PSI, less than 1 yr old; \$600. Call 765-465-7684 or e-mail dkbrown5000@netzero.com

2 male kittens, 1 adult male neutered cat & 1 adult male beagle, all free to good home. Call 317-437-0694 or 317-859-4124.

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The password is the first to go

Having trouble remembering your password? Apparently, you're not alone, as IOT's Help Desk fields an average of 400 password reset requests daily. Do the math and you'll discover that's more than 100,000 resets a year!

To improve IOT's support to its customers, IOT's Customer Service now offers you and me the ability to reset our passwords over the phone 24/7. Customers must first enroll using the Password Reset System online at <http://passwordreset.iot.in.gov>.

After answering a few questions that are used to verify your identity, you will receive a confirmation e-mail that you are fully enrolled in the system. If you forget your password anytime, anywhere, simply call IOT Customer Service at 234-HELP (4357) or 800-382-1095 and press "1" during the welcome message. Your call will be rerouted to an automated system that will reset your password for 15 minutes. But remember, you cannot use the new system until you have enrolled, so visit

<http://passwordreset.iot.in.gov> to get started right now!

Currently, this new venture is not available to off-campus customers. Until further notice is given, off-site



**self service
password reset
enrollment**

users should continue to call IOT Customer Service at 234-HELP or 800-382-1095 for password assistance.

State employees beware of e-mail scam

The alleged Tower Federal Credit Union has sent e-mails to several state employees. The e-mail states that the employee's account has been suspended and that the employee needs to log onto their Web site and update the employee's personal information. IOT asks that anyone receiving the e-mail delete it and not respond to it. The State has no connection with that particular organization.

The State's High Deductible Health Plan is administered through Tower Bank of Fort Wayne, and not a credit union.

There is honor among quitters



inshape.IN.gov • 1-800-Quit-Now

Seldom are quitters winners, but the Indiana Tobacco Prevention & Cessation agency, IN-Shape Indiana and the Indiana State Department of Health, are looking to name some winners among quitters. If you haven't heard, listen up and learn how you can quit smoking and win some nice prizes by entering the Quit 2 Win contest:

- Quit 2 Win is a statewide contest designed to encourage Hoosiers using tobacco products to make an attempt to quit now.
- Quit 2 Win is a promotional contest that is a part of a larger statewide campaign known as "There's Never Been a Better Time 2 Quit," linking tobacco users to cessation resources.
- Quit 2 Win is a great way to set a quit date and end the addiction caused from tobacco use.
- Tobacco use is an addiction, not a habit. Hoosiers can be more successful if they seek help in quitting.
- The Quit 2 Win contest is free to enter and winners will be chosen at random for a grand prize(s).
- People may sign up for Quit 2 Win by logging on to Inshape.IN.Gov and click the Quit 2 Win logo.
- People without internet access can pick up a Quit 2 Win entry form at various fairs, festivals and concerts throughout Indiana.
- To be eligible to win, contestants must commit to quit from Sept. 15 through Oct. 15 (Must be 18 years or older, a legal resident of Indiana and must have quit after July 1, 2007). All entries must be received by Sept. 5, 2007.
- Quit 2 Win winners will be drawn at random and will be tested to make sure they are tobacco-free to be eligible to claim a prize(s).
- For help with quitting tobacco, you can:
 - o Call 1-800-QUIT-NOW (1-800-784-8669) for free health coaching
 - o See your health care provider for help
 - o Contact your local tobacco control coalition for local resources
 - o Visit inshape.in.gov

Classifieds

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Harley Davidson 2005 Softail Springer Nostalgic Classic; excellent condition, many extras, serviced by dealer; 5,100 mi. \$16,000. Contact Brock 765-427-7417 evenings or e-mail casey50@insightbb.com



Original artwork by
Jerry Williams - SPD

The Back Page

It's a three-ring circus

Discount tickets are now available for the 136th edition of Ringling Bros. and Barnum & Bailey's The Greatest Show on Earth. The circus makes its appearance in Indianapolis Sept. 20 through 23 at Conseco Fieldhouse.



For more information or to order tickets, visit the Web site: <http://www.in.gov/jobs/programs/ringling.htm>

InShape? Get in free at state parks

For those of you who are members of INShape, you have a get-into-a-state-park-for-free pass on Saturday, Sept. 8.

In conjunction with the Indiana Department of Natural Resources (DNR), InShape Indiana is offering passes to its members for free admittance to state parks and/or reservoirs.

To participate in INShape Indiana/ DNR Day, log onto the InShape Web site at www.in.gov/inshape/ and download a coupon to present at the entrance gate on Sept. 8.

Are you receiving The Torch by e-mail?

If you are a state employee, but do not have an e-mail account with the state, *The Torch* can be sent to your personal e-mail address.

Visit www.in.gov/jobs/thetorch to subscribe using your personal e-mail address.

One Care Street™ can help

Many state employees have experienced the benefits of coaching first hand, but for some, health coaching remains a mystery. Below, two employees share their One Care Street™ health coaching stories in hopes that more will take advantage of the opportunity to make positive changes in their lives.

Testimonial #1: "I decided to try health coaching to help me deal with some of the stresses I was feeling after the death of a loved one. There was also work stress from trouble with my supervisor. After I took my survey and was identified for coaching, I was leery of the coaching process. I had typically relied exclusively on myself to work through problems and I am very guarded about my private life, so to begin talking to a stranger felt awkward at first. As the coaching continued though, I began to feel better. I really like the "linear" process of health coaching. I did not know there was an actual process! Coaching is a purpose-driven process, which has given me a better way to confront problems in my life, allowing me to think things through more carefully, explore and investigate all my options, and discover what is going to be the best solution for me. And because of the tools my coach has given me to work through stressful situations, I have learned to focus better. Coaching has reduced the stress in my life. I can share things more comfortably



with my Coach now and I know it is working! It is a great feeling to know that there is someone out there that can support me and accept me no matter what I am going through who is non judgmental and reliable."

Testimonial #2: "I decided to try health coaching to help me deal with some family problems. Initially, I told my coach I wanted to increase my cardio-respiratory function. The coach helped me determine the best strategy to do this. I am now practicing yoga two mornings each week. Feeling better physically helps me to better handle the pace of my job. But, I was still struggling to focus and complete my work in a timely manner. My coach asked me to observe and track my work patterns and document the tasks I was unable to complete. At my coach's suggestions, I made motivational visual cue cards above the bins with the work I was finding difficult to complete to keep me from being easily distracted. My ability to focus and finish tasks has improved greatly through this process of heightened awareness, determining a system and successfully implementing that system. It is a freeing and affirming feeling for me to see such improvement in my work."

**Interested in learning
a new skill for your job?**
Log on to the SPD Training Web
site to see what's available:
www.jobs.in.gov/training

